Instructions While You Await Your Testing Results

The following document outlines the instructions to follow while waiting for your COVID-19 Test Results.

1. Until you receive the results of your test, you need to self-quarantine.
2. For information on how to self-quarantine, please reference the COVID-19 Instructions for Care at Home document.
3. Now more than ever, it is important to care for your well-being. Our Well-Being Resources guide lists the resources available to you as part of our comprehensive benefits.
4. If your test results are negative, you will be cleared to return to work.
5. If your test results are positive, you must stay home and self-quarantine for 14 days.
6. Our contact tracing team will be in touch with you to understand who you’ve been in contact with and who else may have been exposed.